## **BAAPS Annual Trainees Day**

## The Royal College of Surgeons of England 15<sup>th</sup> June 2023

| 08:00 - 08:30                               | Registration  |
|---|---|
| 08:30 - 08:35                               | Welcome   |
| Facial Rejuvenation with Toxins and Fillers |   |
| 08:35 - 08:50                               | Basic Anatomy and Physiology of the Ageing Face         |
| 08:50 - 09:05                               | Pharmacology of Toxins and Fillers                      |
| 09:05 - 09:20                               | Management of Complications                             |
| 09:20 - 10:00                               | Live Demonstration 1:                                   |
|   | Botulinum Toxin for facial rejuvenation                 |
| 10:00 - 10:15                               | Morning Break   |
| 10:15 - 11:00                               | Live Demonstration 2:                                   |
|   | Fillers for facial rejuvenation                         |
| 11:00 - 11:30                               | Live Demonstration 3:                                   |
|   | Non-surgical rhinoplasty                                |
| 11:30 - 12:00                               | Devices in Aesthetic Surgery – Evidence and Effectivity |
| 12:00 - 13:00                               | Lunch and Visiting Sponsors                             |
| Markings for Aesthetic Surgery              |   |
| 13:00 - 13:20                               | Station 1:  |
|   | Breast Augmentation                                     |
| 13:20 - 13:40                               | Station 2:  |
|   | Breast Reduction  |
| 13:40 - 14:00                               | Station 3:  |
|   | Mastopexy   |
| 14:00 - 14:20                               | Station 4:  |
|   | Abdominoplasty  |
| 14:20 - 14:40                               | Station 5:  |
|   | Brachioplasty and Thigh Lift                            |
| 14:40 - 15:00                               | Station 6:  |
|   | Upper Eyelid Blepharoplasty                             |
| 15:00 - 15:20                               | Afternoon Break   |
| Careers and Aesthetic Fellowships           |   |
| 15:20 - 15:45                               | Setting Up a Non-Surgical Practice in Training          |
| 15:45 – 16:00                               | BAAPS Mentorships                                       |
|   | (3 BAAPS mentees to discuss experience each)            |
| 16:00 - 16:10                               | The BAPRAS/BAAPS Fellowship                             |
| 16:10 - 16:15                               | Feedback and closing remarks                            |
| 16:15 - 17:00                               | Drinks Reception  |