

2026

BAAPS & ESAPS



Where Aesthetics Unite: a Global Dialogue

1st - 3rd October | The Pullman Hotel, Kings Cross, London



MAIN PROGRAMME – SHAW THEATRE

Day 1

Thursday – 1 October

- 08:45 Registration
- 09:07 Welcome BAAPS & ESAPS President
- 09:12 Modern Aesthetic Surgery: Innovation & Patient Safety
Jesus Benito Ruiz
- 09:32 Patient Selection & Risk Stratification in Body Contouring
Alex de Souza
- 09:44 Single Stage Vs Multistage Procedures in Body Contouring
Mufid Burgic
- 09:56 GLP-1 Weight Loss Patient: New Challenges & Surgical Strategies in Body Contouring
Damiano Tambasco
- 10:08 Panel Discussion: de Souza, Vlajcic, Burgic, Tambasco
- 10:30 Incision Sponsored Talk
- 10:40 Coffee Break**
- 11:10 Upper Body Contouring After MWL – Contemporary Approaches to Brachioplasty & Upper Torso Reshaping
Drazan Eric
- 11:22 Modern-Day Gynecomastia Surgery. HD Liposuction of the Male Chest
Mario Mendanha
- 11:34 Power-Assisted Vs Ultrasound-Assisted Liposuction
Tiago Baptista Fernandes
- 11:46 Technologies in Body Contouring: Allies or Enemies? Managing Complications
Damiano Tambasco
- 11:58 Hi Definition Liposuction
Alex de Souza
- 12:10 How Far Can We Push Abdominal Skin Tightening Technologies
Damiano Tambasco
- 12:22 Panel Discussion: Eric, Mendanha, Baptista Fernandes, Tambasco, de Souza
- 12:45 LUNCH**

EXPERT PARALLEL – HYDE PARK SUITE

Day 1

Thursday – 1 October

- 9:00 Decision Making Strategies & Personal Algorithm in Rhinoplasty
Jamil Ahmed
- 9:20 Core Techniques for a Modern Rhinoplasty Surgeon
Charles East
- 9:40 Preservation Rhinoplasty
Paul Wilson
- 10:00 Structural Rhinoplasty
Bill Townley
- 10:20 Panel Discussion: Ahmed, East, Wilson, Townley
- 10:40 COFFEE BREAK**
- 11:10 Secondary Rhinoplasty: Expert Approaches
Charles East
- 11:30 Managing Difficult Patients
Bill Townley
- 11:50 Complications: Prevention & Management
Jamil Ahmed
- 12:10 Tip Refinement: Techniques & Strategy
Paul Wilson
- 12:30 Panel Discussion: Ahmed, East, Wilson, Townley
- 12:45 LUNCH**
- Instructional Course – Facial Rejuvenation Combining Surgical & Non-Surgical Approaches
- When to Operate Vs When to Inject
Tiago Baptista Fernandes
- 14:00 SVF Vs Nanofat – Consequences In Regenerative Medicine
Henry Delmar
- 14:20 Total Facial Rejuvenation: A Structural Algorithm for Facial Restoration
Oscar Ramirez
- 14:40 Centrofacial Rejuvenation
Patrick Tonnard
- 15:00 Panel Discussion: Baptista Fernandes, Delmar, Ramirez, Tonnard
- 15:15 COFFEE BREAK**



MAIN PROGRAMME – SHAW THEATRE

Day 1

Thursday – 1 October

- 13:40 Demystifying the Subfascial Plane
Brad Calobrace
- 13:52 Managing Asymmetry
Ivar van Heijningen
- 14:04 A Personal View on Implant Sizing & Texture Selection
Mindy Haws
- 14:16 Markings in Breast Surgery
Brad Calobrace
- 14:28 Asymmetry & Mammary Ptosis Using Implants
Carlo Magliocca
- 14:40 Breast Talk
Armand Azencot
- 14:52 Panel Discussion: Calobrace, van Heijningen, Haws, Magliocca
- 15:15 COFFEE BREAK**
- 15:45 Profiloplasty – Comprehensive Facial Assessment
Henry Delmar
- 15:57 Facelift Techniques & Personal Choice
Patrick Tonnard
- 16:40 Adjunctive Treatments in Face & Neck Lift Surgery
Jag Chana
- 16:52 Endoscopic Mid-Face Lift Surgery
Oscar Ramirez
- 17:04 SMAS Vs Deep Plane: How to Choose
Brad Calobrace
- 17:16 Facial Volume Assessment & Management
Tiago Baptista Fernandes
- 17:28 Panel Discussion: Delmar, Tonnard, Chana, Ramirez
- 17:45 END OF PROGRAMME DAY 1

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MAIN PROGRAMME – SHAW THEATRE

Day 2

FRIDAY – 2 October

- 8:00 Registration
- 8:15 BAAPS AGM
- 9:00 Comprehensive Body Contouring After Massive Weight Loss
Andreas Printzlau
- 9:20 Approach to Breast Reduction: A Practical Guide
Mindy Haws
- 9:32 Mastopexy After Weight Loss
Iris Raquel M Brito
- 9:44 Augmentation-Mastopexy
Brad Calobrace
- 9:56 "Dermal Cage" For Breast Footprint Restoration After Massive Weight Loss
Zlatko Vljacic
- 10:08 **Panel Session:** Printzlau, Raquel M Brito, Calobrace, Vljacic, Hawes
- 10:20 BAAPS Laser Syllabus & Course **Ernest Azzopardi**
- 10:30 **Coffee Break**
- 11:00 Modern Abdominoplasty
Jamil Ahmed
- 11:12 Endoscopic Diastasis Recti Repair & HD Lipo
Damiano Tambasco
- 11:24 Post-Bariatric Abdominal & Circumferential Body Contouring
Drazan Eric
- 11:36 Abdominal Contouring: "Is There a Place for Vertical Scars in Modern Abdominoplasty?"
Mitja Oblak
- 11:48 Thigh Lift
Mindy Haws
- 12:00 Gluteal Contouring
Alex de Souza
- 12:12 **Panel Discussion:** Ahmed, Tambasco, Eric, Oblak, de Souza
- 12:30 **Lunch**
- 13:30 Genital Rejuvenation
Katarina Andjelkov
- 13:42 Lower Body Contouring – The Back & Buttocks
Jamil Ahmed

EXPERT PARALLEL – HYDE PARK SUITE

Day 2

FRIDAY – 2 October

- 9:20 Deep Plane Mini-Lift – Dual Plane, Short Scar
Henry Delmar
- 9:40 Comprehensive Deep Cervicoplasty: Surgical Anatomy of The Aging Neck
Oscar Ramirez
- 10:00 Long Term Outcomes in Facial Rejuvenation & How to Achieve Durable Anatomic Stability
Patrick Tonnard
- 10:20 Panel Discussion: Delmar, Ramirez, Tonnard
- 10:30 **COFFEE BREAK**
- 11:00 Treating the Periocular Area with Injectables
Mitja Oblak
- 11:20 Facial Assessment for Non-Surgical – How to Know What to do
Ivar van Heijningen
- 11:40 Energy Based Devices
Sofia Carvalho
- 12:00 Patient Selection, Communication & Expectation Management
Jose Carlos Parreira
- 12:20 Panel Discussion: van Heijningen, Carvalho, Carlos Parreira
- 12:30 **LUNCH**
- 13:30 The Clinical Diagnosis & Management of Lipodema
Mario Mendanha
- 13:50 Indication for Surgical Treatment of Lipodema
Jafar Jorjani
- 14:10 Liposuction Techniques in Lipodema
Sofia Carvalho
- 14:30 Safety Consideration in Lipodema
Jafar Jorjani
- 14:50 Panel Discussion: Mendanha, Jorjani, Carvalho
- 15:00 **COFFEE BREAK**

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MAIN PROGRAMME – SHAW THEATRE

Day 2 FRIDAY – 2 October

- 13:54 Staged Body Contouring in Massive Weight Loss Patients
Mufid Burgic
- 14:06 Short Scar Brachioplasty
Paul Tulley
- 14:18 DVT Risk Management
Alex de Souza
- 14:30 Panel Discussion: Andjelkov, Ahmed, Haws, Tulley, de Souza
- 14:45 Hackett Prize Presentation
- 14:55 Prizes & Awards
- 15:00 COFFEE BREAK**
- 15:30 Upper Blepharoplasty: Techniques and Pitfalls
Ric Caesar
- 15:42 Lower Blepharoplasty: Transconjunctival vs Transcutaneous
Jag Chana
- 15:54 DOMS: Deep Orbicularis Malar Suspension
Henry Delmar
- 16:06 The Evolution of Ptosis Repair
Ric Caesar
- 16:18 Lower Eyelid Surgery
Oscar Ramirez
- 16:30 The Complete Ectropion Surgeon
Rick Caesar
- 16:42 Panel Discussion: Caesar, Chana, Delmar, Ramirez
- 17:00 END OF PROGRAMME DAY 2**
- 19:30 GALA DINNER – HORIZON 22, 22 Bishop's Gate**

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MAIN PROGRAMME – SHAW THEATRE

Day 3

SATURDAY – 3 October

- 8:30 Registration
- 8:30 **ESAPS AGM**
- 9:00 The Future of Aesthetic Facial Surgery
Oscar Ramirez
- 9:20 Capsular Contracture
Luis Azevedo
- 9:32 Revision Surgery: Breast Implant Exchange & Mastopexy
Ivar van Heijningen
- 9:44 Evidence Based Data on Breast Implant Rupture
Birgit Stark
- 9:56 Explantation & Reconstruction Options
Jose Carlos Parreira
- 10:08 Panel Discussion: Ramirez, Azevedo, van Heijningen, Stark, Carlos Parreira
- 10:30 **Coffee Break**
- 11:00 Fat Grafting & Regenerative Aesthetic Surgery
Alex de Souza
- 11:12 Large-Volume Fat Grafting
Mario Mendanha
- 11:24 Stem Cells & Adipose Tissue
Patrick Tonnard
- 11:36 Fat Graft Survival & Complications
Katarina Andjelkov
- 11:48 PRP & Evidence Based Treatment
Jamil Ahmed
- 12:00 Longevity Treatments, Aesthetic Medicine & Surgery
Alex de Souza
- 12:12 Panel Discussion: de Souza, Mendanha, Tonnard, Andjelkov, Ahmed
- 12:30 **Lunch**
- 13:30 Analysis of Data on Legal Disputes in Cosmetic Plastic Surgery In Europe
Pierfrancesco Cirillo

MAIN PROGRAMME – SHAW THEATRE

Day 3

SATURDAY – 3 October

- 13:42 Insurance and Professional Liability
Carlo Magliocca
- 13:54 Medical Tourism – Risk & Responsibility
Mike Tyler
- 14:06 VAT Taxation Across Europe
Mitja Oblak
- 14:18 Ethical Considerations in Aesthetic Surgery
TBC
- 14:30 Safeguarding the Specialty: ESAPS Roadmap with The European Authorities
Pierfrancesco Cirillo
- 14:42 Panel Discussion: Cirillo, Magliocca, Oblak
- 15:00 **END OF PROGRAMME DAY 3**

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