

2026

BAAPS & ESAPS



Where Aesthetics Unite: a Global Dialogue

1st - 3rd October | The Pullman Hotel, Kings Cross, London



MAIN PROGRAMME – SHAW THEATRE

Day 1	Thursday – 1 October
08:45	Registration
09:07	Welcome BAAPS & ESAPS President
09:12	Modern Aesthetic Surgery: Innovation & Patient Safety Jesus Benito Ruiz
09:32	Patient Selection & Risk Stratification in Body Contouring Alex de Souza
09:44	Single Stage Vs Multistage Procedures in Body Contouring Mufid Burgic
09:56	GLP-1 Weight Loss Patient: New Challenges & Surgical Strategies in Body Contouring Damiano Tambasco
10:08	Panel Discussion: de Souza, Vlajcic, Burgic, Tambasco
10:30	Incision Sponsored Talk
10:40	Coffee Break
11:10	Upper Body Contouring After MWL – Contemporary Approaches to Brachioplasty & Upper Torso Reshaping Drazan Eric
11:22	Modern-Day Gynecomastia Surgery. HD Liposuction of the Male Chest Mario Mendanha
11:34	Power-Assisted Vs Ultrasound-Assisted Liposuction Tiago Baptista Fernandes
11:46	Technologies in Body Contouring: Allies or Enemies? Managing Complications Damiano Tambasco
11:58	Hi Definition Liposuction Alex de Souza
12:10	How Far Can We Push Abdominal Skin Tightening Technologies Damiano Tambasco
12:22	Panel Discussion: Eric, Mendanha, Baptista Fernandes, Tambasco, de Souza
12:45	LUNCH

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EXPERT PARALLEL – HYDE PARK SUITE

Day 1	Thursday – 1 October
9:00	Decision Making Strategies & Personal Algorithm in Rhinoplasty Jamil Ahmed
9:20	Core Techniques for a Modern Rhinoplasty Surgeon Charles East
9:40	Preservation Rhinoplasty Paul Wilson
10:00	Structural Rhinoplasty Bill Townley
10:20	Panel Discussion: Ahmed, East, Wilson, Townley
10:40	COFFEE BREAK
11:10	Secondary Rhinoplasty: Expert Approaches Charles East
11:30	Managing Difficult Patients Bill Townley
11:50	Complications: Prevention & Management Jamil Ahmed
12:10	Tip Refinement: Techniques & Strategy Paul Wilson
12:30	Panel Discussion: Ahmed, East, Wilson, Townley
12:45	LUNCH
	Instructional Course – Facial Rejuvenation Combining Surgical & Non-Surgical Approaches
13:40	When to Operate Vs When to Inject Tiago Baptista Fernandes
14:00	SVF Vs Nanofat – Consequences <u>in</u> Regenerative Medicine Henry Delmar
14:20	Total Facial Rejuvenation: A Structural Algorithm for Facial Restoration Oscar Ramirez
14:40	Centrofocal Rejuvenation Patrick Tonnard
15:00	Panel Discussion: Baptista Fernandes, Delmar, Ramirez, Tonnard
15:15	COFFEE BREAK



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Day 1

Thursday – 1 October

12:22

Panel Discussion: Eric, Mendanha, Baptista Fernandes,
Tambasco, de Souza

12:45

LUNCH

13:40

Demystifying the Subfascial Plane

Brad Calobrace

13:52

Managing Asymmetry

Ivar van Heijningen

14:04

A Personal View on Implant Sizing & Texture Selection

Mindy Haws

14:16

Markings in Breast Surgery

Brad Calobrace

14:28

Asymmetry & Mammary Ptosis Using Implants

Carlo Magliocca

14:40

BREAST TALK

Armand Azencot

14:52

Panel Discussion: Calobrace, van Heijningen, Haws, Magliocca

15:15

COFFEE BREAK

15:45

Profiloplasty – Comprehensive Facial Assessment

Henry Delmar

15:57

Facelift Techniques & Personal Choice

Patrick Tonnard

16:40

Neck Contouring Choices & Decision Making

Jag Chana

16:52

Endoscopic Mid-Face Lift Surgery

Oscar Ramirez

17:04

SMAS Vs Deep Plane: How to Choose

Brad Calobrace

17:16

Facial Volume Assessment & Management

Tiago Baptista Fernandes

17:28

Panel Discussion: Delmar, Tonnard, Chana, Ramirez

17:45

END OF PROGRAMME DAY 1

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MAIN PROGRAMME – SHAW THEATRE

Day 2

FRIDAY – 2 October

- 8:00 Registration
- 8:15 BAAPS AGM
- 9:00 Comprehensive Body Contouring After Massive Weight Loss
Andreas Printzlau
- 9:20 Approach to Breast Reduction: A Practical Guide
Mindy Haws
- 9:32 Mastopexy After Weight Loss
Iris Raquel M Brito
- 9:44 Augmentation-Mastopexy
Brad Calobrace
- 9:56 "Dermal Cage" For Breast Footprint Restoration After Massive Weight Loss
Zlatko Vljacic
- 10:08 **Panel Session:** Printzlau, Raquel M Brito, Calobrace, Vljacic
- 10:30 **Coffee Break**
- 11:00 Modern Abdominoplasty
Jamil Ahmed
- 11:12 Endoscopic Diastasis Recti Repair & HD Liposuction
Damiano Tambasco
- 11:24 Post-Bariatric Abdominal & Circumferential Body Contouring
Drazan Eric
- 11:36 Abdominal Contouring: "Is There a Place for Vertical Scars in Modern Abdominoplasty?"
Mitja Oblak
- 11:48 Thigh Lift
Mindy Haws
- 12:00 Gluteal Contouring
Alex de Souza
- 12:12 **Panel Discussion:** Ahmed, Tambasco, Eric, Oblak, de Souza
- 12:30 **Lunch**
- 13:30 Genital Rejuvenation
Katarina Andjelkov
- 13:42 Lower Body Contouring – The Back & Buttocks
Jamil Ahmed

EXPERT PARALLEL – HYDE PARK SUITE

Day 2

FRIDAY – 2 October

- 9:00 Surgical Choice in Rhytidectomy
Jag Chana
- 9:20 Deep Plane Mini-Lift – Dual Plane, Short Scar
Henry Delmar
- 9:40 Comprehensive Deep Cervicoplasty: Surgical Anatomy of The Aging Neck
Oscar Ramirez
- 10:00 Long Term Outcomes in Facial Rejuvenation & How to Achieve Durable Anatomic Stability
Patrick Tonnard
- 10:20 Panel Discussion: Chana, Delmar, Ramirez, Tonnard
- 10:30 **COFFEE BREAK**
- 11:00 Treating the Periorcular Area with Injectables
Mitja Oblak
- 11:20 Facial Assessment for Non-Surgical – How to Know What to do
Ivar van Heijningen
- 11:40 Energy Based Devices
Sofia Carvalho
- 12:00 Patient Selection, Communication & Expectation Management
Jose Carlos Parreira
- 12:20 Panel Discussion: van Heijningen, Carvalho, Carlos Parreira
- 12:30 **LUNCH**
- 13:30 The Clinical Diagnosis & Management of Lipodema
Mario Mendanha
- 13:50 Indication for Surgical Treatment of Lipodema
Jafar Jorjani
- 14:10 Liposuction Techniques in Lipodema
Sofia Carvalho
- 14:30 Safety Consideration in Lipodema
Jafar Jorjani
- 14:50 Panel Discussion: Mendanha, Jorjani, Carvalho
- 15:00 **COFFEE BREAK**

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MAIN PROGRAMME – SHAW THEATRE

Day 2

FRIDAY – 2 October

- 13:54 Posterior Torso Contouring with Liposuction
Mufid Burgic
- 14:06 Short Scar Brachioplasty
Paul Tutley
- 14:18 DVT Risk Management
Alex de Souza
- 14:30 Panel Discussion: Andjelkov, Ahmed, Haws, Tutley, de Souza
- 14:45 Hackett Prize Presentation
- 14:55 Prizes & Awards
- 15:00 COFFEE BREAK**
- 15:30 Upper Blepharoplasty: Techniques and Pitfalls
Ric Caesar
- 15:42 Lower Blepharoplasty: Transconjunctival vs Transcutaneous
Jag Chana
- 15:54 DOMS: Deep Orbicularis Malar Suspension
Henry Delmar
- 16:06 The Evolution of Ptosis Repair
Ric Caesar
- 16:18 Skin Treatment in Lower Eyelid Surgery
Jag Chana
- 16:30 The Complete Ectropion Surgeon
Rick Caesar
- 16:42 Panel Discussion: Caesar, Chana, Delmar
- 17:00 END OF PROGRAMME DAY 2**
- 19:30 GALA DINNER – HORIZON 22, 22 Bishop's Gate**

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MAIN PROGRAMME – SHAW THEATRE

Day 3 SATURDAY – 3 October

- 8:30 Registration
- 8:30 **ESAPS AGM**
- 9:00 The Future of Aesthetic Facial Surgery
Oscar Ramirez
- 9:20 Capsular Contracture
Luis Azevedo
- 9:32 Revision Surgery: Breast Implant Exchange & Mastopexy
Ivar van Heijningen
- 9:44 Evidence Based Data on Breast Implant Rupture
Birgit Stark
- 9:56 Explantation & Reconstruction Options
Jose Carlos Parreira
- 10:08 Panel Discussion: Ramirez, Azevedo, van Heijningen, Stark,
Carlos Parreira
- 10:30 **Coffee Break**
- 11:00 Fat Grafting & Regenerative Aesthetic Surgery
Alex de Souza
- 11:12 Large-Volume Fat Grafting
Mario Mendanha
- 11:24 Stem Cells & Adipose Tissue
Patrick Tonnard
- 11:36 Fat Graft Survival & Complications
Katarina Andjelkov
- 11:48 PRP & Evidence Based Treatment
Jamil Ahmed
- 12:00 Longevity Treatments, Aesthetic Medicine & Surgery
Alex de Souza
- 12:12 Panel Discussion: de Souza, Mendanha, Tonnard,
Andjelkov, Ahmed
- 12:30 **Lunch**
- 13:30 Analysis of Data on Legal Disputes in Cosmetic Plastic
Surgery In Europe
Pierfrancesco Cirillo

MAIN PROGRAMME – SHAW THEATRE

Day 3 SATURDAY – 3 October

- 13:42 Insurance and Professional Liability
Carlo Magliocca
- 13:54 Medical Tourism – Risk & Responsibility
Mike Tyler
- 14:06 VAT Taxation Across Europe
Mitja Oblak
- 14:18 Ethical Considerations in Aesthetic Surgery
TBC
- 14:30 Safeguarding the Specialty: ESAPS Roadmap with The European
Authorities
Pierfrancesco Cirillo
- 14:42 Panel Discussion: Cirillo, Magliocca, Oblak
- 15:00 **END OF PROGRAMME DAY 3**

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