



## Conference Programme\*

Refinement and the Art of Aesthetic Surgery

**Thursday 10<sup>th</sup> October**

### Male Plastic Surgery

Chair: Charles Nduka

- 8:30-8:45**      **Presidential welcome and introduction by Paul Harris**
- 8:45-9:00**      **Addition and Subtraction: My preferred approach to the male chest**  
*Doug Steinbrech*
- 9:00-9:15**      **Aesthetic approach and surgical treatment of gynaecomastia: incisions and aesthetic looks**  
*Alfredo Hoyos*
- 9:15-9:30**      **Male body contouring**  
*Alexander Aslani*
- 9:30-9:45**      **Abs to Calves: The New Wave or MALE Muscular Enhancement with Composite Silicone and Fat-Grafting**  
*Doug Steinbrech*
- 9:45-10:00**    **For Surfers & Gladiators: BodyBanking to Improve Your Men's Abdominal Contouring**  
*Doug Steinbrech*
- 10:00-10:10**   **The Rock: Male Perfect Pecs: Achieving the sculpted male torso – how I do it**  
*Alfredo Hoyos*
- 10:10-10:25**   **Debate**
- 10:25-10:50**   **Coffee Break**
- 10:50-11:00**   **Sponsored talk**

### Female Genital Plastic Surgery

Chair: Nora Nugent

- 11:05-11:15**    **Applied anatomy and clinical considerations in labiaplasty**  
*Paul Banwell*
- 11:15-11:30**    **Advanced approaches to labial re-shaping, revision/complications**  
*Heather Furnas*
- 11:30-11:45**    **Zig Zag Labiaplasty**  
*Lisa Sacks*
- 11:40-11:55**    **Contemporary approaches to vaginal rejuvenation**  
*Heather Furnas*

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**11:55-12:25 Debate**  
*Panel: Paul Banwell, Heather Furnas, Lisa Sacks and Alison Wright*

**12:25-13:45 Lunch**

## **Body Contouring – Adding and Removing Fat**

Chair: Marc Pacifico

- 13:45-13:55 Cosmetic features of the perfect abdomen**  
*David Floyd*
- 13:55-14:10 Body banking – raising the bar in body contouring with the power of lipo-grafting**  
*Doug Steinbrech*
- 14:10-14:20 Effective protocols for safety in large volume fatgrafting**  
*Alexander Aslani*
- 14:20-14:35 Mixing technologies for maximizing results: Fat removal vs skin tightening**  
*Alfredo Hoyos*
- 14:35-14:45 Body contouring with implants and /or fat: When best to use what and how**  
*Alexander Aslani*
- 14:45-14:55 Mini abdominoplasty with full muscle plication**  
*David Floyd*
- 14:55-15:10 Legs have curves; Male vs Female: Anatomy & Treatment: High definition lipoplasty of the knees, calves, and ankles**  
*Alfredo Hoyos*
- 15:10-15:40 Coffee Break**
- 15:40-15:50 Sponsored Talk**

## **BAAPS Support Talk – Practice Issues & Management**

Chair: Mike Tyler

- 15:50-16:00 BAAPS Support Introduction**  
*Mike Tyler*
- 16:00-16:10 Catch the train of social media marketing**  
*Heather Furnas*
- 16:10-16:20 Marketing your practice within a workable budget**  
*Doug Steinbrech*
- 16:20-16:30 Practice management tips from running a successful medspa (Including how to increase enquiries to bookings)**  
*Heather Furnas*
- 16:30-16:40 Lessons in setting up a clinic**  
*Marc Pacifico*
- 16:40-16:50 Developing systems in your aesthetic practice to be successful in the 21st Century**  
*Doug Steinbrech*

**Day 1 Closed**

**17:00-17:45** BAAPS Members Annual General Meeting  
BAAPS Member ONLY

**18:45** Coaches to The Gherkin from Kensington Olympia for Annual Conference Dinner

## Friday 11<sup>th</sup> October

**8:00-9:00** Masterclass: High definition body contouring  
*Alfredo Hoyos*

### Developmental Chest Anomalies

Chair: Steve Hamilton

**9:00-9:10** Approaching the tuberous breast – my preferred technique  
*Dennis von Heimburg*

**9:25-9:40** Perfecting volume in treating breast asymmetry  
*David Floyd*

**9:40-9:55** Breast and chest wall asymmetry and correction using breast implants  
*Dennis von Heimburg*

**9:55-10:05** Nipple asymmetry and dystopia in revision surgery  
*David Floyd*

**10:05-10:30** Coffee Break

### Secondary Surgery

Chair: Steve Hamilton

**10:30-10:45** Approaches to Breast Implant removal: An concept in evolution  
*David Floyd*

**10:45-11:05** Secondary surgery using implants  
*Dennis von Heimburg*

**11:05-11:20** Composite breast augmentation with lower breast pole expansion  
*Alexander Aslani*

**11:20-11:35** Implant removal and fat transfer – SIET  
*Daniel Del Vecchio*

**11:35-12:00** Debate

**12:00-13:30** Lunch Break

**13:30-13:40** Sponsored Talk

**13:40-13:50** Hackett Prize Winner Talk

## Buttock Surgery

Chair: Ash Mosahebi

- 13:50-13:55** "THIS HOUSE DECLARES THAT BBLs SHOULD BE BANNED"  
*Paul Harris*
- 13:55-14:05** Where are we now in the UK? An update from the BAAPS BBL taskforce  
*Mo Akhavani*
- 14:05-14:20** Gluteal anatomy & surgical approach: Aesthetic gluteal contouring with liposuction & fat grafting in females  
*Alfredo Hoyos*
- 14:20-14:30** Why do people die from BBLs?  
*Daniel Del Vecchio*
- 14:30-14:45** How to perform safe BBLs  
*Del Vecchio/ Alexander Aslani joint presentation?*
- 14:45-14:55** Composite buttock augmentation  
*Alexander Aslani*
- 14:55-15:10** The BodyBanking Quarterback ButtLift: My Glute Augmentation with Implant, Fat or both.  
*Doug Steinbrech*
- 15:10-15:45** Debate
- 15:45-16:15** Coffee Break

## Hot Topics

Chair: Mary O'Brien

- 16:15-16:30** Breast implant illness – does it exist? The topic, the evidence, the controversy  
*David Floyd*
- 16:30-16:40** BAAPS Support  
*Mike Tyler*
- 16:40-16:55** BIA-ALCL update - via video link  
*Anand Deva*
- 16:55-17:05** Gender difference among plastic surgeons  
*Heather Furnas*
- 17:05-17:15** "Consider your patients' vulnerabilities and psychological needs" (GMC2016). An update on working more closely with psychologists to manage vulnerable groups and achieve good psychological outcomes  
*Nicky Rumsey/Alex Clarke*

## Close of Meeting

*\*This programme is not yet final and may be changed*