



Refinement and the Art of Aesthetic Surgery

Thursday 10th October - 6 CME points

Male Plastic Surgery

Chair: ***Charles Nduka***

- 8:30-8:45 Presidents welcome and introduction by Paul Harris
- 8:45-9:00 Addition and Subtraction: My preferred approach to the male chest
Doug Steinbrech
- 9:00-9:15 Aesthetic approach and surgical treatment of gynaecomastia: incisions and
aesthetic looks
Alfredo Hoyos
- 9:15-9:30 Male body contouring
Alexander Aslani
- 9:30-9:45 Abs to Calves: The New Wave or MALE Muscular Enhancement with
Composite Silicone and Fat-Grafting
Doug Steinbrech
- 9:45-10:00 For Surfers & Gladiators: BodyBanking to Improve Your Men's Abdominal
Contouring
Doug Steinbrech
- 10:00-10:10 The Rock: Male Perfect Pecs: Achieving the sculpted male torso – how I do it
Alfredo Hoyos
- 10:10-10:25 Debate
- 10:25-10:50 Coffee Break
- 10:50-11:00 Sponsored talk

Female Genital Plastic Surgery

Chair: ***Nora Nugent***

- 11:05-11:15 Applied anatomy and clinical considerations in labiaplasty
Paul Banwell

11:15-11:30 Advanced approaches to labial re-shaping, revision/complications

Heather Furnas

11:30-11:45 Zig Zag Labiaplasty

Lisa Sacks

11:40-11:55 Contemporary approaches to vaginal rejuvenation

Heather Furnas

11:55-12:25 Panel Debate

Panel: Paul Banwell, Heather Furnas, Lisa Sacks and Alison Wright

12:25-13:45 Lunch

Body Contouring – Adding and Removing Fat

Chair: ***Marc Pacifico***

13:45-13:55 Cosmetic features of the perfect abdomen

David Floyd

13:55-14:10 Body banking – raising the bar in body contouring with the power of lipo-grafting

Doug Steinbrech

14:10-14:20 Effective protocols for safety in large volume fatgrafting

Alexander Aslani

14:20-14:35 Mixing technologies for maximizing results: Fat removal vs skin tightening

Alfredo Hoyos

14:35-14:45 Body contouring with implants and /or fat: When best to use what and how

Alexander Aslani

14:45-14:55 Mini abdominoplasty with full muscle plication

David Floyd

14:55-15:10 Legs have curves; Male vs Female: Anatomy & Treatment:

High definition lipoplasty of the knees, calves, and ankles

Alfredo Hoyos

15:10-15:40 Coffee Break

15:40-15:50 Sponsored Talk

BAAPS Support Session – Practice Issues & Management

Chair: ***Mike Tyler***

15:50-16:00 BAAPS Support Introduction

Mike Tyler

16:00-16:10 Catch the train of social media marketing

Heather Furnas

16:10-16:20 Marketing your practice within a workable budget

Doug Steinbrech

16:20-16:30 Practice management tips from running a successful medspa
(Including how to increase enquiries to bookings)

Heather Furnas

16:30-16:40 Lessons in setting up a clinic

Marc Pacifico

16:40-16:50 Developing systems in your aesthetic practice to be successful in the 21st Century

Doug Steinbrech

Day 1 Closed

17:00-17:45 BAAPS Members Annual General Meeting

BAAPS Member ONLY

18:30 Coaches to Annual Conference Dinner

19:30 *Annual Conference Dinner - 40th floor at the Gherkin*

Friday 11th October

*8:00-9:00 Masterclass: High definition body contouring

Alfredo Hoyos

*This is a separate class that will need to be registered and paid for.

Friday 11th October - 6 CME points

Breast - Developmental Chest Anomalies

Chair: ***Neil McLean***

9:00-9:10 Approaching the tuberous breast – my preferred technique

Dennis von Heimburg

9:25-9:40 Perfecting volume in treating breast asymmetry

David Floyd

9:40-9:55 Breast and chest wall asymmetry and correction using breast implants

Dennis von Heimburg

9:55-10:05 Nipple asymmetry and dystopia in revision surgery

David Floyd

10:05-10:30 Coffee Break

Breast - Secondary Surgery

Chair: ***Steve Hamilton***

10:30-10:45 Approaches to Breast Implant removal: An concept in evolution

David Floyd

10:45-11:05 Secondary surgery using implants

Dennis von Heimburg

11:05-11:20 Composite breast augmentation with lower breast pole expansion

Alexander Aslani

11:20-11:35 Implant removal and fat transfer – SIET

Daniel Del Vecchio

11:35-12:00 Debate

12:00-13:30 Lunch Break

13:30-13:40 Sponsored Talk

13:40-13:50 Hackett Prize Winner Talk

Buttock Surgery

Chair: ***Ash Mosahebi***

13:50-13:55 "THIS HOUSE DECLARES THAT BBLs SHOULD BE BANNED"

Paul Harris

13:55-14:05 Where are we now in the UK? An update from the BAAPS BBL taskforce

Mo Akhavan

14:05-14:20 Gluteal anatomy & surgical approach: Aesthetic gluteal contouring with liposuction & fat grafting in females

Alfredo Hoyos

14:20-14:30 Why do people die from BBLs?

Daniel Del Vecchio

- 14:30-14:45 How to perform safe BBLs
Del Vecchio/ Alexander Aslani joint presentation?
- 14:45-14:55 Composite buttock augmentation
Alexander Aslani
- 14:55-15:10 The BodyBanking Quarterback ButtLift: My Glute Augmentation with Implant,
Fat or both.
Doug Steinbrech
- 15:10-15:45 Debate
- 15:45-16:15 **Coffee Break**

Hot Topics

Chair: ***Mary O'Brien***

- 16:15-16:35 “Consider your patients’ vulnerabilities and psychological needs” (GMC2016).
An update on working more closely with psychologists to manage vulnerable
groups and achieve good psychological outcomes
Nicky Rumsey/Alex Clarke
- 16:35–16:50 Breast implant illness – does it exist? The topic, the evidence, the controversy
David Floyd
- 16:50-17:05 BIA-ALCL update - via video link
Anand Deva
- 17:05-17:15 Gender difference among plastic surgeons
Heather Furnas
- 17:15-17:30 Future of Aesthetic Surgery
Raina Dauria

Close of Meeting