



## **Refinement and the Art of Aesthetic Surgery**

**Thursday 10th October - 6 CME points**

### **Male Plastic Surgery**

Chair: ***Charles Nduka***

- 8:30-8:45          Presidents welcome and introduction by Paul Harris
- 8:45-9:00          Addition and Subtraction: My preferred approach to the male chest  
***Doug Steinbrech***
- 9:00-9:15          Aesthetic approach and surgical treatment of gynaecomastia: incisions and  
aesthetic looks  
***Alfredo Hoyos***
- 9:15-9:30          Male body contouring  
***Alexander Aslani***
- 9:30-9:45          Abs to Calves: The New Wave or MALE Muscular Enhancement with  
Composite Silicone and Fat-Grafting  
***Doug Steinbrech***
- 9:45-10:00          For Surfers & Gladiators: BodyBanking to Improve Your Men's Abdominal  
Contouring  
***Doug Steinbrech***
- 10:00-10:10          From Zero to hero: Spartan Body: High Def Lipo in Male torso: abs, arms, and back  
***Alfredo Hoyos***
- 10:10-10:25          Debate
- 10:25-10:50          Coffee Break
- 10:50-11:00          Sponsored talk

### **Female Genital Plastic Surgery**

Chair: ***Nora Nugent***

- 11:05-11:15          Applied anatomy and clinical considerations in labiaplasty  
***Paul Banwell***

11:15-11:30 Advanced approaches to labial re-shaping, revision/complications

***Heather Furnas***

11:30-11:45 Zig Zag Labiaplasty

***Lisa Sacks***

11:40-11:55 Contemporary approaches to vaginal rejuvenation

***Heather Furnas***

11:55-12:25 Panel Debate

***Panel: Paul Banwell, Heather Furnas, Lisa Sacks and Alison Wright***

12:25-13:45 Lunch

## **Body Contouring – Adding and Removing Fat**

Chair: ***Marc Pacifico***

13:45-13:55 Cosmetic features of the perfect abdomen

***David Floyd***

13:55-14:10 Body banking – raising the bar in body contouring with the power of lipo-grafting

***Doug Steinbrech***

14:10-14:20 Effective protocols for safety in large volume fatgrafting

***Alexander Aslani***

14:20-14:35 Mixing technologies for maximizing results: Fat removal vs skin tightening

***Alfredo Hoyos***

14:35-14:45 Body contouring with implants and /or fat: When best to use what and how

***Alexander Aslani***

14:45-14:55 Mini abdominoplasty with full muscle plication

***David Floyd***

14:55-15:10 Legs have curves; Male vs Female: Anatomy & Treatment:

High definition lipoplasty of the knees, calves, and ankles

***Alfredo Hoyos***

15:10-15:40 Coffee Break

15:40-15:50 Sponsored Talk

## **BAAPS Support Session – Practice Issues & Management**

Chair: ***Mike Tyler***

15:50-16:00 BAAPS Support Introduction

***Mike Tyler***

16:00-16:10 Catch the train of social media marketing

***Heather Furnas***

16:10-16:20 Marketing your practice within a workable budget

***Doug Steinbrech***

16:20-16:30 Practice management tips from running a successful medspa  
(Including how to increase enquiries to bookings)

***Heather Furnas***

16:30-16:40 Lessons in setting up a clinic

***Marc Pacifico***

16:40-16:50 Developing systems in your aesthetic practice to be successful in the 21st Century

***Doug Steinbrech***

### ***Day 1 Closed***

17:00-17:45 BAAPS Members Annual General Meeting

**BAAPS Member ONLY**

18:30 Coaches to Annual Conference Dinner

**19:30 *Annual Conference Dinner - 40th floor at the Gherkin***

### **Friday 11th October**

\*8:00-9:00 Masterclass: High definition body contouring

***Alfredo Hoyos***

\*This is a separate class that will need to be registered and paid for.

### **Friday 11th October - 6 CME points**

#### **Breast - Developmental Chest Anomalies**

Chair: ***Neil McLean***

9:00-9:10 Approaching the tuberous breast – my preferred technique

***Dennis von Heimburg***

9:25-9:40 Perfecting volume in treating breast asymmetry

***David Floyd***

9:40-9:55 Breast and chest wall asymmetry and correction using breast implants

***Dennis von Heimburg***

9:55-10:05 Nipple asymmetry and dystopia in revision surgery

***David Floyd***

10:05-10:30 Coffee Break

## **Breast - Secondary Surgery**

Chair: ***Steve Hamilton***

10:30-10:45 Approaches to Breast Implant removal: An concept in evolution

***David Floyd***

10:45-11:05 Secondary surgery using implants

***Dennis von Heimburg***

11:05-11:20 Composite breast augmentation with lower breast pole expansion

***Alexander Aslani***

11:20-11:35 Implant removal and fat transfer – SIET

***Daniel Del Vecchio***

11:35-12:00 Debate

12:00-13:30 Lunch Break

13:30-13:40 Sponsored Talk

13:40-13:50 Hackett Prize Winner Talk

## **Buttock Surgery**

Chair: ***Ash Mosahebi 13:50***

13:50-13:55 Gluteal anatomy & surgical approach: Aesthetic gluteal contouring with liposuction & fat grafting in females

***Alfredo Hoyos***

13:55-14:00 "THIS HOUSE DECLARES THAT BBLs SHOULD BE BANNED"

***Paul Harris***

14:00-14:10 Where are we now in the UK? An update from the BAAPS BBL taskforce

***Mo Akhavani***

14:10-14:20 Gluteal augmentation with fat - science, technique and public health issues –

***Daniel Del Vecchio***

- 14:20-14:35 Towards safety training in gluteal augmentation with fat  
***Del Vecchio/ Alexander Aslani joint presentation?***
- 14:45-14:55 Composite buttock augmentation  
***Alexander Aslani***
- 14:55-15:10 The BodyBanking Quarterback ButtLift: My Glute Augmentation with Implant,  
Fat or both.  
***Doug Steinbrech***
- 15:10-15:45 Debate
- 15:45-16:15 **Coffee Break**

## **Hot Topics**

Chair: ***Mary O'Brien***

- 16:15-16:35 “Consider your patients’ vulnerabilities and psychological needs” (GMC2016).  
An update on working more closely with psychologists to manage vulnerable  
groups and achieve good psychological outcomes  
***Nicky Rumsey/Alex Clarke***
- 16:35–16:50 Breast implant illness – does it exist? The topic, the evidence, the controversy  
***David Floyd***
- 16:50-17:05 BIA-ALCL update - via video link  
***Anand Deva***
- 17:05-17:15 Gender difference among plastic surgeons  
***Heather Furnas***
- 17:15-17:30 Future of Aesthetic Surgery  
***Raina Dauria***

***Close of Meeting***