

**BAAPS Regional Aesthetic Training Day  
 Friday 7 February 2025  
 The Grand Hotel, York**

***Faculty (in alphabetical order)***

<i>William Holmes</i>	<i>Dan Saleh</i>
<i>James McDiarmid</i>	<i>Fulvio Urso-Baiarda</i>
<i>Nick Rhodes</i>	<i>Chris West</i>

***\*Programme***

<b>09:00</b>	<b>REGISTRATION &amp; REFRESHMENTS</b>	
<b>09:30</b>	How to mark the patient for mastopexy and augmentation mastopexy	<b>Nick Rhodes</b>
<b>10:00</b>	Augmentation Mastopexy – achieving consistency and How I do it	<b>Nick Rhodes</b>
<b>10:45</b>	Periareolar Mastopexy – Mastering patient selection for superior outcomes	<b>Fulvio Urso-Baiarda</b>
<b>11:15</b>	<b>COFFEE BREAK</b>	
<b>11:30</b>	Implant selection and current evidence base in breast augmentation	<b>Will Holmes</b>
<b>12:00</b>	Sponsored talk	
<b>12:15</b>	Sponsored talk	
<b>12:30</b>	<b>LUNCH BREAK</b>	
<b>13:30</b>	High volume fat grafting in breast augmentation - The vegan breast augment	<b>Fulvio Urso-Baiarda</b>
<b>14:15</b>	Refinements in lipoabdominoplasty – energy device adjuncts to maximise outcomes	<b>James McDiarmid</b>
<b>15:00</b>	<b>COFFEE BREAK</b>	
<b>15:30</b>	Arm lifting – how I do it	<b>Dan Saleh</b>
<b>16:15</b>	The science of fat grafting – and maximising clinical outcome	<b>Chris West</b>
<b>16:45</b>	Q&A	
<b>17:00</b>	<b>MEETING CLOSE</b>	

***\*Please note this programme is subject to change without notice.***